

from our readers... The Cross on the Mountain

by Jerry Manning

When I saw Robbie Dechene tell the story of the people who helped save his wife Joanne's life, I thought, what a great witness. The news is covered by horror stories of evil. And suddenly, we hear a story of love and duty. Maybe we have to hear both stories to stop and appreciate the gifts in our presence. It made me think of the many stories of Jesus healing lots of people, but only a few went back to thank him- publicly.

As I drove up by Lumberjack Springs and Bog River recently, I started taking pictures of beautiful scenery, birds and deer. Again, I had so many reasons to thank Jesus for his creation. The cross came to mind. Memories flooded my mind as I thought back to my dad taking me fishing and hunting near these spots. And then, in the midst of my many memories, I remembered Earl Reandeu telling me how he was so thankful that the Lord took booze away from him, he crawled up Coney Mountain and put a cross on top. So I took a picture of the cross and was astounded that Earl, a

small man had managed to make it up the mountain carrying a cross- and after many years- the cross is still there.

It brought to mind how many years ago, when I worked with Earl, he told me how much he loved our Lord and how much our Lord loved us. He helped me to call out to Jesus and become a dear friend. As I read Scripture I begin to understand more about the Lord and Earl.

Earl was to suffer many other crosses and I would face some as well. Around that time, Earl had to have serious heart surgery and had returned home. As I drove down the street I saw a frail Earl standing in his garden. I had just got the news that my wife, Linda, had a problem with low platelets in her blood and it could be a real threat to her life. The scripture came to mind- "When you are weak, you are strong."

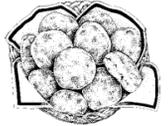
I stopped and asked Earl to pray for my wife. Earl and I stood in his garden and prayed. Earl, so weak and frail, looked at me and said, "The Lord did something for your wife." We spoke briefly and it



is something I can never forget. Linda went back later to the lab and was told her platelets and blood were fine.

The Lord has continued to bless me and my wife in many ways. We bring communion to the sick and often pray with them. I believe the cross Earl dragged up the mountain, is a public thank you to the Lord and I know in my heart, the cross still stands. I came back to thank Earl Reandeu and Jesus.

Chicken & Biscuit Dinner



Sponsored by St. Thomas Episcopal Church Women

ELECTION DAY

Tues., Nov. 4th- 5:00 p.m.
St. Thomas Parish Hall
Brentwood Avenue

Eat In or Take Out

\$5.00 Adults
\$2.00 Children under 12
For Information or Take Out Orders
Call 359-8786



Recognize them?

These 1957 graduates of Holy Ghost Academy posed for Msgr. Brault in the St. Alphonsus rectory following their commencement over half a century ago. Do you have any idea who they were? If so, give us a call at 359-2166.

Police Dept's Jetta out for bid

The Tupper Lake Police Department's 1997 Volkswagen Jetta has been officially removed from service and will go to the highest bidder, according to village board members last Monday who heard Chief Tom Fee report that the department's new 2003 Chevrolet Malibu has been equipped with red lights and police radio and is now in service.

Both vehicles, it was noted, were obtained as a result of federal drug asset seizures with no cost to taxpayers.

"Someone will be getting a good car," Chief Fee told the board members, explaining that the Kelly Blue Book value of the Jetta is \$1,400 but the vehicle is in much better shape than other 11-year-old vehicles. "It has new tires and brakes, air conditioning, and can go to Oswego and back on a tank of gas," he noted.

The board agreed to put the Jetta out to bid with a minimum offer set at \$1,500. The vehicle is available for viewing during regular business hours by contacting

the police department at 359-3776. Bid opening will take place at 3 p.m. on Thursday, November 13.

Flu season's here

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(as a defense) and tries to remove it- lowering your resistance. So, before you allow anyone to inject any of these chemicals into your body ask your doctor for the insert that comes along with the shot and ask questions! Read the possible adverse reactions. They may include fever, dizziness, vomiting, nausea, headache, irritability, bronchial spasms...hmmm, does that sound like the flu?

If you are going to consider a more natural approach, and trust your body to do what it is designed to do- here are some suggestions. Better nutrition, including natural sources of antioxidants, C, E, grape seed, grape skin, flax oil...etc. Vitamin D in the natural source of sunshine is also helpful says Dr. Mercola. Daily exercise is a must to keep your lymphatic system moving things out. Do not suppress symptoms. The irritating sneezes, coughs and diarrhea are your body's response to removing toxins. Consider the ways you handle stress- stress is considered a toxin in the body. Drink more non-chlorinated water. Wash and watch your hands...they are the carriers. Do not put them in your ears, eyes, nose or mouth. Keep your immune system strong-reduce chemical exposure by reading labels on everything you ingest, rub, or inhale into and onto your body. If the ingredient is a long name you cannot pronounce, it probably is a chemical. If the product does not have an ingredient list, call the 800# and ask for a Material Safety Data Sheet.

Do not trust me! Do your own work...make your best decision based on information, not that is handed you, but that is gathered by you.

Have a healthy season!
Deanna Courtney

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REMINDER

2008 Village Tax Bills

Any Village of Tupper Lake Tax Bill not paid by Friday, October 31, 2008, will be turned over to Franklin County for placement on the 2009 Town of Tupper Lake and Franklin County Tax Bill with additional penalties. The Village Office will not accept any 2008 Village Tax Bill payments thereafter.

Town Water & Sewer Service Bills

The Town of Tupper Lake (outside Village only) resident's Water and Sewer Service Bills not paid by Friday, October 31, 2008 for Water & Sewer services up to September 30, 2008, will be turned over to Franklin County for placement on the 2009 Town of Tupper Lake and Franklin County Tax bill with additional penalties. The Village Office will not accept any arrear payments for the Water & Sewer services thereafter.



Guide to Dining Out

Delivery 4-8 pm

Main Street Restaurant
79 Main St., Tupper Lake
Open 7 a.m. - 8 p.m.
Homemade Soups & Daily Specials
Take-Outs Available
359-7449

Reandeu's Swiss Kitchen
Park St., Tupper Lake, NY 12986

Open 5:30 a.m. - 8 p.m.
Homemade Soups,
Pies & Daily Specials
Take-Outs Available 359-3513

The Marketplace
Deli/Bakery/Catering
\$6.25 Hot Meals Made Daily
Daily Lunch Specials
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Homemade Soups to Go!
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359-9500

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Junction Depot Deli & Bakery
58 Main St., Tupper Lake 359-9000
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Homemade breakfast, lunch/dinner specials
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